DO MORE & BE BETTER The Ultimate Reading List

- 1. <u>Getting Things Done by David Allen</u>
 - 2. <u>The Life-Changing Magic of Tidying Up by Marie Kondo</u>
- 3. <u>7 Habits of Highly Effective People by Stephen R Covey</u>
- 4. Power of Full Engagement by Jim Loehr and Tony Schwartz
 - 5. <u>The Power of Habit by Charles Duhigg</u>
 - 6. Eat That Frog by Brian Tracey
 - 7. The NOW Habit by Neil Fiore
 - 8. The One Thing by Gary Keller
- 9. <u>The Willpower Instinct by Kelly McConigal</u>
 - 10. Mindset by Carol S Dweck

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