Thinking Time

Ask these questions whenever you need to identify the real problem you need to solve:

1. Why isn’t this problem already solved?
2. Why am I not where I want to be?
3. How did this get to be a problem to begin with?
4. What have been the impediments or constraints that have hindered me from solving this problem? (skills, desire, resources, time, discipline, environment)
5. If I could only ______ really, really, well, I would have it all figured out
6. What could I do to make this problem even worse?
7. What can be done today to improve this situation?
8. If I only had ____, I could solve this problem.