



**THE WORK FROM
HOME KIT SO YOU
CAN BE PRODUCTIVE
AT HOME**

Dear Asian Efficiency reader,

To be productive working from home, you must have the right tools and setup. This makes all the difference for your productivity. Imagine walking into a gym and you want to put on muscle but all you see is a treadmill and bicycle. Those are great machines for losing weight but not for gaining muscle. You need to have weights!

The same is true for working from home. When you have the right tools and setup then it's easy to be productive working from home. Below you will find seven items that you must have.









We have decades of experience working from home and have done all the research for you for what you need. We have a budget-friendly and high-end option for each recommendation.


We also have a podcast episode with more tips on how to be productive working from home: [Working From Home? Productivity Tips From Decade+ Work From Home Veterans \(TPS297\)](#)

There's also an online course called Productive At Home that teaches you our 6-step productivity system for working from home. Email us at support@asianefficiency.com for more information.

The seven items you need:

1. Backdrop - if your background looks unprofessional, it'll turn away clients.
2. Desk lamp - you want to be well lit when you're doing video calls at all times.
3. Standing desk - don't sit all day and feel more comfortable and energetic when you can alternate between sitting and standing.
4. Two monitors - you're more productive with two monitors. Buy two of the same kind.
5. Wireless headset - we recommend a wireless headset so you can freely move while you're on calls and it's a lot more convenient not having to deal with wires.
6. Whiteboard - be creative and brainstorm away from your desk. Also a great tool to create a quick to-do list and remind yourself daily of your goals.
7. Webcam - video conferencing is the standard for communicating with people so you want to make sure you have a webcam.

	Budget-Friendly	High-End
Backdrop	 <p><u>Business Office Window Backdrop</u> \$20</p>	 <p><u>Living Room Interior Backdrop</u> \$46</p>
Desk Lamp	 <p><u>IKEA Forså</u> \$27</p>	 <p><u>TaoTronics LED</u> \$40</p>
Standing Desk	 <p><u>Fully Cora Standing Desk Converter</u> \$149</p>	 <p><u>Jarvis Bamboo Standing Desk</u> \$449</p>
Two Monitors	 <p><u>ASUS VS239H-P</u> \$124</p>	 <p><u>Dell 24 UltraSharp</u> \$340</p>

Wireless Headset	 <p data-bbox="690 464 933 535">Jabra Move Style \$100</p>	 <p data-bbox="1136 464 1453 535">Bose QuietComfort 35 \$349</p>
Whiteboard	 <p data-bbox="617 850 1015 924">6 Pack Dry Erase Lap Board \$17</p>	 <p data-bbox="1128 850 1469 924">VIZ-Pro Dry Erase Board \$247</p>
Webcam	 <p data-bbox="690 1239 933 1312">Logitech HD C615 \$43</p>	 <p data-bbox="1136 1239 1461 1312">Logitech C920S HD Pro \$70</p>

For more information and additional questions, reach out to us at support@asianefficiency.com.

If you want more information and training from us, we have a popular blog that's updated every week and the top-rated podcast The Productivity Show that has free materials for you. There are also online courses and paid products that you purchase at our store. Here are some of our most popular courses:

- [Productive At Home](#) - our 6-step system for how to be productive working from home.
- [Focus Filter](#) - get instantly focused with our top 7 focus hacks.
- [Optimize Outlook](#) - deal with email in 1 hour or less a day in Outlook.